

Bath Middle School

Health Curriculum Overview

6th Grade

Standards: [Grade Level Expectations for Health Education Grade 6](#)

Topics Covered

Social Emotional Safety Alcohol Tobacco and Other Drugs

Focus Skills and Concepts

- Practice health enhancing behaviors and avoid or reduce health risks.
- Use decision-making skills to enhance health.
- Demonstrate effective interpersonal communication and other social skills which enhance health.
- Demonstrate advocacy skills for enhanced personal, family, and community health.

Essential questions students can answer at the end of the course:

- What are some ways that I can keep myself and friends safe in a variety of environments?
- What are some ways that I could use to solve a conflict with a friend?
- What are the short and long term dangers of different types of drugs (illegal drugs, caffeine, diet pills, tobacco)?

Prerequisite skills critical for success:

- Basic organizational skills
- Cooperative group skills

Assessment

Unit Tests

Bath Middle School

Health Curriculum Overview

7th and 8th Grade

Standards: [Grade Level Expectations for Health Education Grades 7 & 8](#)

Topics Covered

Nutrition and Physical Activity
Alcohol Tobacco and Other Drugs
Safety
HIV and STI's Prevention
Personal Health and Wellness

Focus Skills and Concepts

- Apply health promotion and disease prevention concepts and principles to personal, family, and community health issues.
- Access valid health information and appropriate health promoting products and services.
- Practice health enhancing behaviors and avoid or reduce health risks.
- Use decision-making skills to enhance health.
- Demonstrate effective interpersonal communication and other social skills which enhance health.
- Demonstrate effective interpersonal communication and other social skills which enhance health.
- Demonstrate advocacy skills for enhanced personal, family, and community health.

Essential questions students can answer at the end of the course:

- What are the characteristics of a healthy body image and factors that determine body weight, including body type?
- What skills do I need to avoid hazards due to another's use of alcohol, tobacco, or other drugs, including avoiding secondhand smoke and riding in a car with someone who has been using alcohol or other drugs?
- What are some of the influences that can lead to abusive relationships, including expectations for males and females?
- What is HIV and how is/is not transmitted?
- How are STI's are transmitted?

- What kinds of things would you look for to determine if an illness and or injury requires medical attention?

Prerequisite skills critical for success:

- Basic organizational skills
- Cooperative group skills

Assessment

Unit Tests